

FOUNDATIONAL LEADERSHIP AND LIFESKILLS COURSE



In collaboration with IFWEA affiliate - University of Limerick (UL ENGAGE)

We are offering an **8-week online course** on **FOUNDATIONAL LEADERSHIP** to enhance your effectiveness when working in and with groups.

This course provides participants with essential skills to support individual self-efficacy and collective agency. Topics covered include practical skills needed to enhance effectiveness when working in and leading groups.

Who should join?

- ✓ Educators and organizers looking to improve their skills in group dynamics and leadership.
- ✓ Those interested in coordinating efforts and leading collective actions.

Training of Trainers: Participants will be equipped to teach this course within their own organizations and for their members upon completion.

Course Dates:

11 July -29 August 2024



**APPLY
HERE!**



**COMING
SOON**

You will learn:

- ✓ Fundamentals of working in groups
- ✓ Challenges and rewards of group work
- ✓ Role of group dynamics
- ✓ Identifying expectations and creating common purpose
- ✓ Understanding and overcoming unconscious bias
- ✓ Self-awareness and listening skills
- ✓ Differing communication styles
- ✓ Value of people's contributions
- ✓ Benefits of reflective practice for professional development